PARENT/CARER MEETING - FRIDAY 26TH APRIL @ 2.30PM



BUCKINGIAM PALACE

THE LONDON EYE

TIVE CRUISE ON THE THAMES

HARTY FOTTH STUDIOS



Itinerary

Monday Ist July Travel down to London

Book into YHA St Paul's

Picnic for lunch

London Eye

Thames River Cruise

The Theatre Diner for dinner

Tuesday 2nd July

The Tower of London

Picnic for lunch

Harry Potter Studios

TGI's for dinner

Wednesday 3rd July

Downing Street

Buckingham Palace

Pizza Express for lunch

The Lion King

Travel home





STARTERS

WHISTLE DOWN THE WINGS

Buffalo style or BBQ style chicken wings served with celery sticks & blue cheese dressing

LOOK AT ME, I'M MAC & CHEESE (v)

Crispy fried mac & cheese balls with Caesar dressing

SHOW ME THE MEANING OF BEING LOADED (gfo)

Potato skins loaded with melted cheddar, crispy bacon & green spring onions, served with sour cream



AARON BURR-GER (gfo)

Beef patty served in a burger bun with lettuce, tomato, pickle, diced onion & fries. Add melted cheddar slice.

SHUFFLE OFF TO BUFFALO CHICKEN BURGER

Crispy cornflake crusted chicken with buffalo sauce, in a burger bun with lettuce, tomato, mayo & fries

LA VEGAN BOHEME! (ve,gfo)

Vegan patty in a burger bun with lettuce, tomato, pickles, diced onion & fries Add vegan cheese slice

DESSERTS

SOME ENCHANTED VEGAN (V)

BRUCE BOGTROTTER'S CHOCOLATE CAKE!

CHOCOLATE BROWNIE SUNDAE IN THE DINER WITH GEORGE (GF,V)

Dinner Menu

Theatre Café Diner





MAINS

Choose your dish and two sides

All our dishes come with tasty sticks of apple, cucumber and carrot 24 kg

Crispy Chicken Tenders

Golden crispy chicken tenders 28 kcal. Smaller portion available 142 kcal.

Chicken Burger

Crispy chicken tenders, lettuce, mayo and tomato 297 kcal Swep to grilled chicken 251 kcal

Tomato Tubes ...

Penne pasta with a tasty tomato sauce 298 kcal

Smaller portion available 218 kcal Add cheese 1 +65 kcal

Fish Fingers

Breaded Omega 3 rich fish fingers 239 kcal Smaller portion available 19 kcal

Fridays™ Hotdog

American style pork hotdog 314 kcal

Beef Burger

100% beef patty and tornato 276 kcal. Add cheese +77 kcal

Chicken Fajita Wrap

Chargrilled chicken served with mixed peppers, lettuce, cheese, sour cream and tomato in a tortilla wrap 305 kcal

Quesadilla 🔲

Cheese, mixed peppers and tomato in a grilled tortilla wrap 340 kcal

Plant-Based Bites 🗖

Crispy plant-based strips 249 kcal Smaller portion available 191 kcal

SIDES

Choose any two

House Fries 🗔 208 kml

Sweet Potato Fries 💟 190 kcal

Garlic Ciabatta 📆 128 kcal

Salad 🛄 35 kcal

Peas 18 kcal

Corn Wheels 43 kcal

Heinz Beanz - No Added Sugar 🛄 20 kal

Free Heinz Baby Food Available

Please speak to a team member for more details.







OVEGAN OVEGETARIAN

Please inform your server of any allergies or intolerances before you order. Unfortunately it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchers and bars. Vegan food may be cooked using the same equipment as non-vegan food. Meat and fish may contain small, bones.

Dinner Menu

TGI Fridays



PIZZAEXPRESS

GROUP SET MENU

Choose one of the below options: Starter or Dessert & Main / Starter or Dessert, Main & Drink

— STARTERS —

Dough Balls 'PtzzaExpress' (396 kgal)

Garlie Bread with Mozzarella @ (356 kgal)

Buffalo Mozzarella & Tomato @ (336 kosl)

---- MAINS

CLASSIC PIZZA

ALFORNO & SALADS

American (978 kcal)

Lasagna Classica (843 kpal)

American Hot (940 kgal)

Grand Chicken Caesar Salad (700 kcal)

Margherita (807 kcal)

Vegan Glardiniera (840 kpal)

— DESSERTS —

Chocolate Fudge Cake* (312 koal)

GELATO & SORBET

2 scoops, choose from: Vantilla Gelato @ (124 koal per sooop)

Raspberry Sorbet 200 (61 kcal per scoop)

Salted Caramel Gelato (141 koal per sooop)

Stracciatella Gelato (141 kcal per scoop)

* Served with your choice of cream (139 kcal), gelato (114 kcal) or mascarpone (118 kcal)

---- DRINKS ----

Coca-Cola Classic (139 koal)

Diet Coca-Cola (1 koal) / Coca-Cola Zero Sugar (1 koal)

Fanta (63 koal) / Sprite No Sugar (3 koal)

Acqua Panna Still 500ml (0 kcal)

San Pellegrino Sparkling Mineral Water 500ml (O kosl)

PREMIUM DRINKS £2 EXTRA PER PERSON

Grecanico Chardonnay 175ml (ABV 13%)

Nero d'Avola Shiraz 175ml (ABV 13%)

Peront Nastro Azzurro 330ml (ABV 5%)

Gluten-Free Peront Nastro Azzurro (ABV 5%)

Peroni Nastro Azzurro 0.0 (ABV 0%) (76 kcal)

Gluten-Free & Dietary Requirements

All Romana and Classic recipes can be ordered on our Classic-sized, gluten-free base. If your gluten-free pizza is not served to you on a black board, please check with a team member.

Dough Balls 'PizzaExpress' are also available gluten-free. The symbol refers to dishes made with measures accredited by Coeliac UK. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million. Scan the QR code to find out more about our gluten-free processes.



Please watch out for stray ofive stones and bones.

Suitable for Vegatarians. Suitable for Vegans.
Vegan / reduced dairy alternatives are also available for some of the dishes listed upon request. Please let the team know if you have any allergen or dietary requirements and soan the QR code. As our dishes are handmade in our busy kitchens, we cannot guarantee that they are 100% free of allergens or contaminants. Adults need around 2000 koal per day.



Terms & Conditions

This menu can't be used in conjunction with any other partner or PizzaExpress promotional offer. Valid for a single group only when dining in one of our pizzerias. Bills can't be split to benefit from multiple discounts. Full terms apply, please visit: www.pizzaexpress.com/terms-and-conditions/ group-menu. All our prices include VAT (Jersey GST). A service charge of 12.5% will be added to your invoice. The ABV% on alcoholic drinks are correct at time of printing this menu, however, may be subject to change. Head Office: PizzaExpress, Hunton House,

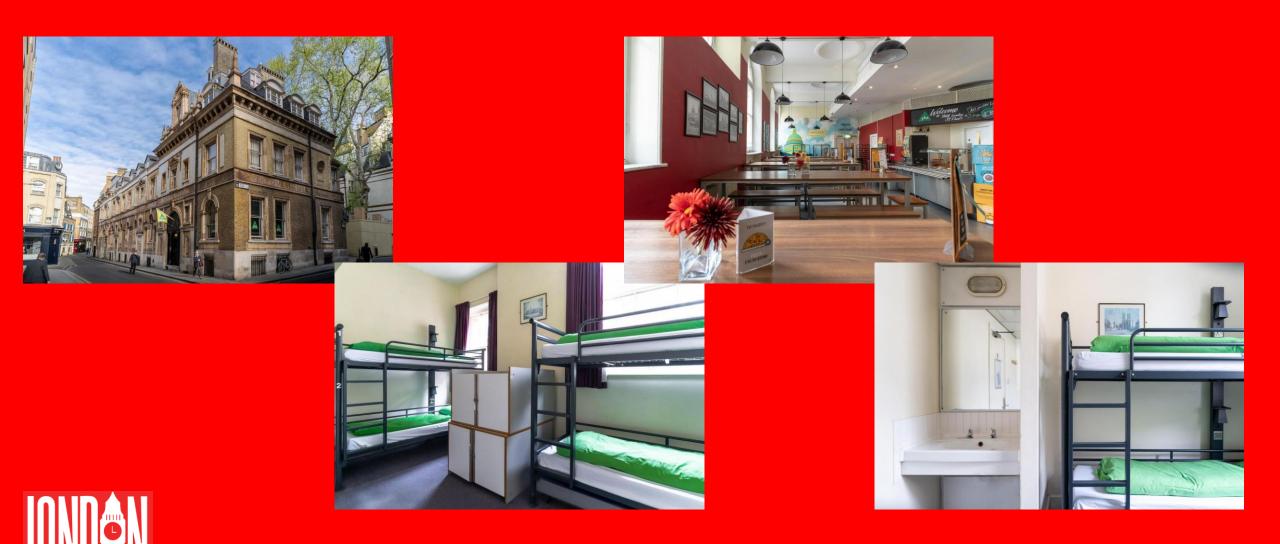
Highbridge Estate, Oxford Road, Uxbridge, UBS 1LX.

Dinner Menu

Pizza



YHA St Paul's Hostel



Departure Time

 All children need to be at school, on Western Avenue, no later than 7.15am ahead of a prompt 7.30am departure. The coach will not wait so please be early.

Arrival Home Time

- We anticipate arriving home, on Wednesday 3rd July, between 9.00 10.00pm. Updates will be sent via Class Charts so please keep an eye on your messages for any updates.
- Due to the late arrival home, children will be able to come into school for a later start time of 11.30am on Thursday 4th July.



Footwear

 Children will be on foot throughout the residential, walking around London taking in the sights. Therefore, they need to be in comfortable trainers which have been worn and not brand new as these will cause <u>blisters</u>

Mobile Phones

• Unfortunately, children will not be allowed to take their mobile phones due to safeguarding. Please make sure your child's mobile remains at home



Backpacks

- On Friday 28th June, your child will be sent home with a Roby Park backpack which will be used for our day trips. Please make sure inside their backpack they have:
 - Reusable water bottle
 - Snacks
 - Packed lunch for arrival
 - Wallet/purse
 - Suncream



Kitlist

- Towel
- Suncream
- Toothbrush
- Toothpaste
- Shampoo
- Conditioner
- Body wash
- Roll on deodorant
- Hairbrush/comb
- Hair bobbles

- Underwear x4
- Socke x4
- 3x daytime outfits
- Pyjamas x3
- 3x cardigans/jumpers
- Ix light weight waterproof jacket with hood

- Trainers
- Footwear (for evening)
- Indoors shoes/slippers

- Binbag for dirty washing
- Reusable water bottle
- Disposable cameras



Lunch

• Your child needs to have a packed lunch in their backpack which they will eat on our journey down.

Money

Children are able to bring pocket money with them, whether it be cash or a
pre-paid card like Go Henry etc, should they want to buy anything. The
amount of pocket money provided is down to parental discretion. Children are
solely responsible for looking after their own cash or pre-paid card



Medicines

 Medical forms will be sent home at the beginning of June and need to be returned no later than Friday 28th June, with any relevant medication or inhalers. All children need to have a signed form so we can administer calpol if needed.

Suncream

• Please provide your child with factor 50 suncream to avoid the risk of sunburn. Children will be responsible for putting on their own sun cream and will be reminded by adults to apply it throughout the day.



Travel Sickness Tablets

Please make sure if your child suffers from travel sickness they either wear
the travel sickness bands or take travel sickness medication prior to leaving
home. Please provide them with further medication/bands for their return
journey.



Leaver's

Hoodies

Children will be provided with their leaver's hoodies on Friday 17th May, for their Y6 SATS
 Celebration Sleepover.
 Children can then wear these to go on their residential trip.

