



St Helens College

FREE ADULT COURSES

ENGLISH & MATHS

Are your skills stopping you from from gaining employment or progressing in your career?

Wanting to support your teenager whilst completing their qualifications? GCSE & Functional Skills qualifications could be just the thing you need!

MONEY MATTERS

Now, more than ever maths skills are crucial. Money matters is designed to develop your financial literacy, based on your individual needs. Aiming to improve your budgeting skills, we will look at the basics from using a calculator, estimating and percentages.

WRITING *for* WELL-BEING

Do you crave some time for yourself? A course designed with YOU at the centre. Develop confidence and resilience through creative writing & poetry, Delivered by a published poet.

Sessions are **flexible** over 2-4 weeks with a **range of start dates!**

For further information, please contact
amartin@sthelens.ac.uk